

BEST PRACTICE MODELS

BEST PRACTICE MODELS for Prevention of Mental Disorders

[3] Indicated Programs

- a) Biological factors
- b) Psychological factors
- c) Social factors
 - i Child victims of abuse
 - ii Juvenile Justice clients

[3 c i] Child victims of abuse

The best practice model is one which responds to notifications by a prompt outreach contact with the family to offer support and establish a relationship of trust and communication whilst undertaking an assessment of needs, risks and family functioning. The preferred intervention would be to improve family functioning with the child at home, but temporary respite and other supports may be necessary. Intensive therapeutic work with the child and family will ascertain whether child's needs can be met, or alternative long-term arrangements made.

References

Gilbert, N., Parton, N. and Skivenes, M. (Eds) (2011) "Child Protection Systems: International Trends and Orientations." New York: Oxford University Press.

In addition to family function interventions it may be necessary to include individual child therapeutic interventions to ameliorate the effects of abuse.

In cases where it is deemed impracticable to resolve family dysfunction within the timeframe necessary for healthy developmental progress of children, permanency planning should commence as early as possible.

For a further discussion of Child Protection and Out-of-Home care , see Project Evidence PE2c iv.

[\[To read Project Evidence PE3c i return to Index and transfer to Best Practice Index\]](#)

[\[To read Policy POL3c i return to Index and transfer to Best Practice Index\]](#)

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