

POLICIES

POLICIES for Prevention of Mental Disorders

[3] Indicated Programs

- a) Biological factors
- b) Psychological factors
- c) Social factors
 - i Child victims of abuse
 - ii Juvenile Justice clients

[3 c ii] Juvenile Justice clients

Because Juvenile Justice clients are at high risk of becoming recidivist adult criminals or failed citizens with ongoing problems in employability, relationships, substance use and ill-health, best practice management requires holistic health, education and welfare components within the Justice facilities and in a supervision period after leaving.

The health components include:

- Physical health assessment and appropriate treatment (including activity, weight and substance use programs). This necessitates sufficient trained medical staff to establish and monitor health plans for each client.
- Mental health assessment and appropriate intervention, including a case plan and case manager. This necessitates sufficient trained mental health staff to establish and monitor mental health case plans for each client and to provide the individual and group therapeutic programs.

The education components include:

- Assessment and appropriate intervention with literacy, numeracy, intellectual and language skills. This necessitates schooling facilities and sufficient teaching and allied professional staffing to undertake the psychological, speech & language and special education programs for the diverse range of needs.
- Career planning and appropriate training. This necessitates appropriate trade training facilities and staffing in addition to the educational and psychological support previously mentioned.

The welfare components include:

- Regular liaison with case manager. Ideally, the case manager should have continuity within and out of the Juvenile Justice centre.
- Support with accommodation, employment, budgeting and income, liaison with family and social network

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Last updated 23/10/2018