

POLICIES

POLICIES for Mental Health Promotion

[9] Mental Health Promotion

- a) Community awareness programs
 - i Involvement of Consumers and Carers
 - ii Public information campaigns
- b) Mental Health consultation to agencies
- c). Training

[9 a ii] Public information campaigns

MHYFVic advocates that Infant, Child, Adolescent and Family Mental Health Services should be provided through Community Health Centres, alongside other health services. Consultancy expertise, admission to inpatient facilities and specialist training should be provided from Tier Three specialist services of the region.

MHYFVic advocates that Information campaigns make careful use of language recognizing children who are “not stressed”, “coping” (to be monitored), “struggling” (in need of assessment), “unwell” (in need of treatment).

MHYFVic advocates that in keeping with the Ottawa Charter, public health policy specifically includes measures to improve 1) general health, nutrition and wellbeing, 2) housing, 3) access to education, 4) taxation of addictive substances, 5) regulatory policy at the workplace.

MHYFVic advocates that public policy includes provision of early development services, parenting interventions, pre-school interventions, school-based interventions, and workplace interventions.

MHYFVic advocates that public policy includes provisions for strengthening community networks, enhancing community action against substance dependence, promoting schools as hubs for the community, and enhanced media campaigns promoting positive mental health.

MHYFVic advocates that public policy includes programs for individuals to enhance resilience and promote social competence, programs to target prevention of depression and address the negative consequences of unemployment.

MHYFVic advocates that Medicare improves access to 1) brief psychotherapeutic interventions in primary health care, 2) interventions for new mothers, 3) improved services for hearing impairments.

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